

# **Coleen Rae Salazar, BSM, LM, CPM, IBCLC, LCCE**

Licensed Midwife and Lactation Consultant

[Experience Birth & Beyond](#)

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## *Curriculum Vitae*

### **EDUCATION & CREDENTIALS**

- Certified Professional Midwife, CPM24100585, October 2024
- Bachelor of Science in Midwifery - 2024, Midwives College of Utah, Salt Lake City, UT
- Bachelor of Art in Management - 1995, University of Phoenix, San Diego, CA
- NRP certified, March 2023
- BLS Provider, March 2023
- Lamaze Certified Childbirth Educator, 17324, June 2017
- Centering Pregnancy Facilitator Training, February 2017
- DONA Doula Training, September 2015
- International Board-Certified Lactation Consultant, L-30679, November 2011

### **RELATED WORK EXPERIENCE**

2021 - 2024 Student Midwife, Alexandra Michel, LM, CPM Assist with community births/homebirths in the following counties: Fresno, Kings, Mariposa, Madera, and Tulare. Perform duties under the supervision of a licensed midwife including pre/postnatal home visits, set up/maintenance of equipment and supplies appropriate to community birth setting, monitoring client vital signs, charting, monitoring fetal heart tones, performing newborn vitals, postpartum/breastfeeding support.

*2018 – Present: Private Lactation Consultant, Lamaze Certified Educator, & Doula*  
Offer home lactation consultations for breastfeeding concerns prenatally and postpartum. Educate local community programs on breastfeeding basics and birth options. Provide emotional and physical support to clients before, during and after birth in all settings. Instruct childbirth and breastfeeding classes.

*2009 – 2017: Lead Lactation Consultant, Tulare Regional Medical Center, Tulare, CA.* OB unit serving approximately 100 mothers per month. Provided lactation education for patients, family members, and staff. Provided research and educational updates to the department staff at monthly meetings. Instructed monthly breastfeeding class for expectant mothers and their partner/family members. Led and achieved Baby-Friendly Hospital Initiative (BFHI) accreditation.

*2004 – 2007: Birth and postpartum doula, Experience Birth, San Diego County.* Services included breastfeeding support and education. Observed and assisted with immediate postpartum needs. Clients included mothers of multiples, teens, survivors of sexual

abuse/trauma, single parents, surrogacy, and mothers experiencing postpartum depression/anxiety.

*Oct 1983 – May 1989 – Medical Administrative Specialist* in the WI Air National Guard, United States Air Force, and TX Air National Guard. Honorably discharged.

### **TEACHING EXPERIENCE**

*Childbirth Educator*, Hanford Adventist Hospital, Hanford, CA 2018 - 2019

*Childbirth Educator*, Tulare Regional Medical Center, Tulare, CA 2009 - 2017

### **CONFERENCE PRESENTATIONS**

“Teaching Hand Expression.” Tulare County Breastfeeding Coalition Conference. Exeter, CA 2019

“Breastfeeding 411.” Milan Institute. Visalia 2018

“Birth Trauma and Breastfeeding.” Kings County Breastfeeding Coalition Conference. Hanford, CA 2015

“Labor Support and Breastfeeding.” Kings County Breastfeeding Coalition Lunch and Learn, Hanford, CA 2013

### **PROFESSIONAL AFFILIATIONS**

California Association of Licensed Midwives

International Lactation Consultant Association

Kings-Tulare County Breastfeeding Coalition

Lamaze International

National Association of Certified Professional Midwives

United States Lactation Consultants Association