



Tulare County Breastfeeding Coalition: Community Resource Directory

Congratulations!

We are here to answer your breastfeeding questions!

Hospital Breastfeeding Support:

Sierra View Medical Center
(Porterville)/Breastfeeding
Resource Center

(559) 791-3701

Text: (559) 791-8547

Services Offered:

- Helpline*
- Support Group*
- Outpatient Services by appointment only*
- Drop-in Services*
- Breastfeeding Class*

Adventist Health Tulare

(559) 685-3491

Services Offered:

- Helpline*
- Support Group*
- Outpatient Services*
- Shared Childbirth/
Breastfeeding Class

Kaweah Delta (Visalia)

(559) 624-6012

Services Offered:

- Breastfeeding Supplies
- Balance after Birth-
Breastfeeding &
Postpartum Support*
- Shared Childbirth Class
- Breastfeeding Classes*
- Helpline*: (559) 624-2163

**Free services*

International Board Certified Lactation Consultants (Private Practice):

Coleen Salazar, BA,
IBCLC, LCCE

Experience Birth &
Beyond

(559) 697-5721

Gloria Pierson, RN,
IBCLC

Hapy Bear Lactation
Services

(559) 967-4225

Noreen Siebenaler, RN,
MSN, IBCLC

(559) 623-3431



Community Organizations:

Tulare County WIC

Breastfeeding Helpline: (800)
360-8840

Mon-Thurs: 7:30-5:30 pm;

Fri: 8-12 pm

La Leche League

Tulare/Visalia:
(559)656-3474 Liz Krey

Health Clinics:

Altura Centers for Health:

Michelle De Leon (IBCLC):
(559) 686-9097 Ext 4703

Individual Support

Group Support/Classes

Family Health Care

Network:

Sylvia Garrett (CLE):

(559) 741-4320

Breastfeeding Classes

Online Resources:

TCBC

www.tcbreastfeeds.org

Visalia Birth Network

www.visaliabirthnetwork.com

KellyMom Parenting & Breastfeeding

www.kellymom.com

Childbirth Resources

www.childbirthresourcenetwork.org

Working and Breastfeeding

www.workandpump.com

Human Milk Donations

www.mothersmilk.org

Medications & Breastfeeding

www.infantrisk.com

Mother to Baby

<http://www.mothertobaby.org/>

Apps:



Breastfeeding Solutions
Nancy Mohrbacher



Lactmed
Medications & Breastfeeding



LatchME
Dr. Jonathon Goldfinger

(01/2020 Revision)



Coalición de Amamantar Del Condado de Tulare: Directorio de Recursos de la Comunidad

¡Felicidades!

¡Queremos ayudarle con sus preguntas sobre lactancia!

Apoyo de Lactancia Hospitalaria:

Sierra View Medical Center
(Porterville)/Breastfeeding
Resource Center
(559) 791-3701

Texto: (559) 791-8547

Servicios Ofrecidos:

- Línea de ayuda*
- Servicios ambulatorios*
- Grupo de apoyo a la lactancia materna*
- Clase de parto y clase de lactancia para las familias*

Adventist Health Tulare
(559) 685-3491

Servicios Ofrecidos:

- Línea de ayuda*
- Servicios ambulatorios*
- Grupo de apoyo a la lactancia materna*
- Clase de parto y clase de lactancia para las familias*

**Servicios gratuitos*

Kaweah Delta (Visalia)
(559) 624-6012

Servicios Ofrecidos:

- Suministros de lactancia
- Clase de parto
- Balance after Birth-Grupo de apoyo a la lactancia y posparto*
- Clase de lactancia para las familias*
- Línea de ayuda*:
• (559) 624-2163

Consultantes de Lactancia (Práctica Privada):

Coleen Salazar, BA,
IBCLC, LCCE

Experience Birth &
Beyond
(559) 697-5721

Gloria Pierson, RN,
IBCLC

Hapy Bear Lactation
Services
(559) 967-4225

Noreen Siebenaler, RN,
MSN, IBCLC
(559) 623-3431



Organizaciones Comunitarias:

Tulare County WIC

Línea de ayuda:

(800)360-8840

Lunes-Jueves: 7:30-5:30pm;

Viernes: 8-12 pm

La Leche League

Tulare/Visalia:

(559)656-3474 Liz Krey

Clínicas de Salud:

Altura Centers for Health:

Michelle DeLeon (IBCLC):

(559) 686-9097 Ext 4703

Soporte individual/Grupo de
apoyo/Clases de Lactancia

Family Health Care

Network:

Patty Vega-Duran (CLC):

559-741-4309

Clases de Lactancia

Recursos de Internet:

TCBC

www.tcbreastfeeds.org

Visalia Birth Network

www.visaliabirthnetwork.com

KellyMom Parenting & Breastfeeding

www.kellymom.com

Childbirth Resources

www.childbirthresourcenetwork.org

Working and Breastfeeding

www.workandpump.com

Human Milk Donations

www.mothersmilk.org

Medications & Breastfeeding

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Mother to Baby

<http://www.mothertobaby.org/>

Aplicaciones:



Breastfeeding Solutions
Nancy Mohrbacher



Lactmed
Medicamentos y Lactancia



LatchME
Dr. Jonathon Goldfinger